



Unsure about what to donate? Here's a list of items you can consider giving.

Food & Water

Canned goods
Dry Staples (oats, rice, pasta, noodles, etc.)
Boxed meals (mac n cheese, cup soup, instant porridge, etc.)
Electrolyte drinks or powdered mix
Nutritional supplements (Glucerna, Ensure, etc.)
Protein Bars, Cereal
Baby Formula
Bottled water
Vegetable oil
Powdered Seasonings
Powdered Milk (Lasco, etc.)
Food Storage Containers (plastic)

Baby, Hygiene & Elderly Care

Diapers (baby & adult), rash creams
Wipes
Baby bottles/jars, pacifiers
Sanitary pads & tampons
Liquid & bar soaps
Deodorant
Toilet paper
Hand sanitizer
Laundry detergent
Toothbrush, Toothpaste
Lotion, Hair oil, Hairbrush, Comb, etc
Shampoo and Conditioner

Power & Lighting (cont'd)

Solar/gas generators
Power banks/ portable chargers
Solar/rechargeable lanterns
Solar/Battery radios
Extension Cords
Candles
Matches/ Lighters

Temporary Shelter

Tarpaulins, tents, plastic sheeting
Sleeping bags, air mattresses
Blankets, sheets, pillows, towels
Mosquito nets

Cleaning & Disinfection

Bleach, Dettol, Disinfectant Sprays/Wipes
Garbage bags, mops, brooms
Safety & Protection
Sunscreen
Rain boots
Raincoats
Insect Repellant, Mosquito Coils
Gloves

First Aid

First Aid Kits
Rubbing Alcohol
Pain relievers, antihistamines, antacids
Gloves, face masks

School Supplies and Comfort

Notebooks

Pens, Pencils, Sharpeners, etc.

Backpacks

Art Supplies

Journals

Toys, games, storybooks, etc.

Tools & Materials

Large Storage Containers (Plastic)

Shovel, rake, hammer, crowbar, machete

Power saw, drill, chain saws

Cement

Plywood, Zinc Nails

Tarpaulin